Wednesday, September 9

Today is an early release day! Happy National Teddy Bear Day!

Lunch (Wednesday, Sept. 9) - chicken tenders w/roll or nachos w/beef and cheese

Breakfast (Thursday, Sept. 10) - breakfast pizza Lunch (Thursday, Sept. 10) - disco fries (fries w/beef, cheese, & gravy) or BBQ rib sandwich

Announcements

- Any JH or HS girl that would like to play softball this spring and is **not** involved in a fall sport is invited to come to softball right after school until 5:00 on Monday and Thursday. See or email Coach Stephens for more information.
- 5th/6th grade cheer:
 - September 21 cheer clinic 4:00 5:30
 - September 23 tryouts 5:00 7:30
 - o Both will meet in the elementary gym
- Just a reminder that students are <u>NOT</u> to be in the elementary building for any reason. IF you are not feeling well, you should come to the high school office and the nurse will come to our building. Thank you!
- School pictures will be <u>Tuesday</u>, <u>September 15th</u>
 Students who are virtual or are enrolled in the Academy can have their photos taken on this day as well. Students would need to arrive between 8:00 a.m. and 10:30 a.m. to have your photo taken. <u>You will be required to sign-in.</u>

Athletics

4:30 Girls Golf at home

One important key to success is self-confidence.

An important key to self-confidence is preparation.

--Arthur Ashe