## Monday, October 5

Happy National Do Something Nice Day!

Lunch (Monday, Oct. 5) - chicken & waffles or corn dog Breakfast (Tuesday, Oct. 6) - jumbo muffin Lunch (Tuesday, Oct. 6) - bbq chicken flatbread or nachos w/beef & cheese

## **Announcements**

• Spirit Days for this week for volleyball and cross country sectional:

Monday~ Black Out Tuesday~Jersey Day Wednesday~ Wellness Wednesday Thursday~ School Colors/ \$1 Hat Day

- Just a reminder that students are <u>NOT</u> to be in the elementary building for any reason other than choir. IF you are not feeling well, you should come to the high school office and the nurse will come to our building. Thank you!
- There is no school on Friday, October 9th. Fall break is the following week, October 12-16.

## **Athletics**

6:00 5th/6th Girls Basketball at Orleans

6:00 JV Football at Southridge

6:00 JH Volleyball at Washington

Stay away from negative people, they have a problem for every solution.