

## **Thursday, February 4**

Happy National Optimist Day!

Lunch (Thursday, Feb. 4) - nachos w/pulled pork or chicken parmesan sub

Breakfast (Friday, Feb. 5) - glazed donut

Lunch (Friday, Feb. 5) - chicken pot pie or bacon cheeseburger

## **Announcements**

- Anyone interested in competing in track this spring, there is a sign up sheet on Mr. Lueken's door or you can email Coach Freeman.
- Spirit Days for Girls Sectional
  - Friday - School Colors
- If attending study tables, always check the study hall door (room 116) for the location.

## **Athletics**

6:00 V/JV Boys Basketball vs Mitchell

Strong people stand up for themselves, but  
stronger people stand up for others.